



Make this world a better  
place for everyone.



# BREAKING THE GENDER STEREOTYPES

↔  
*Inaugural Edition 2022 -23*

**GENDER SENSITIZATION  
COMMITTEE**

Ramjas College,  
University of Delhi

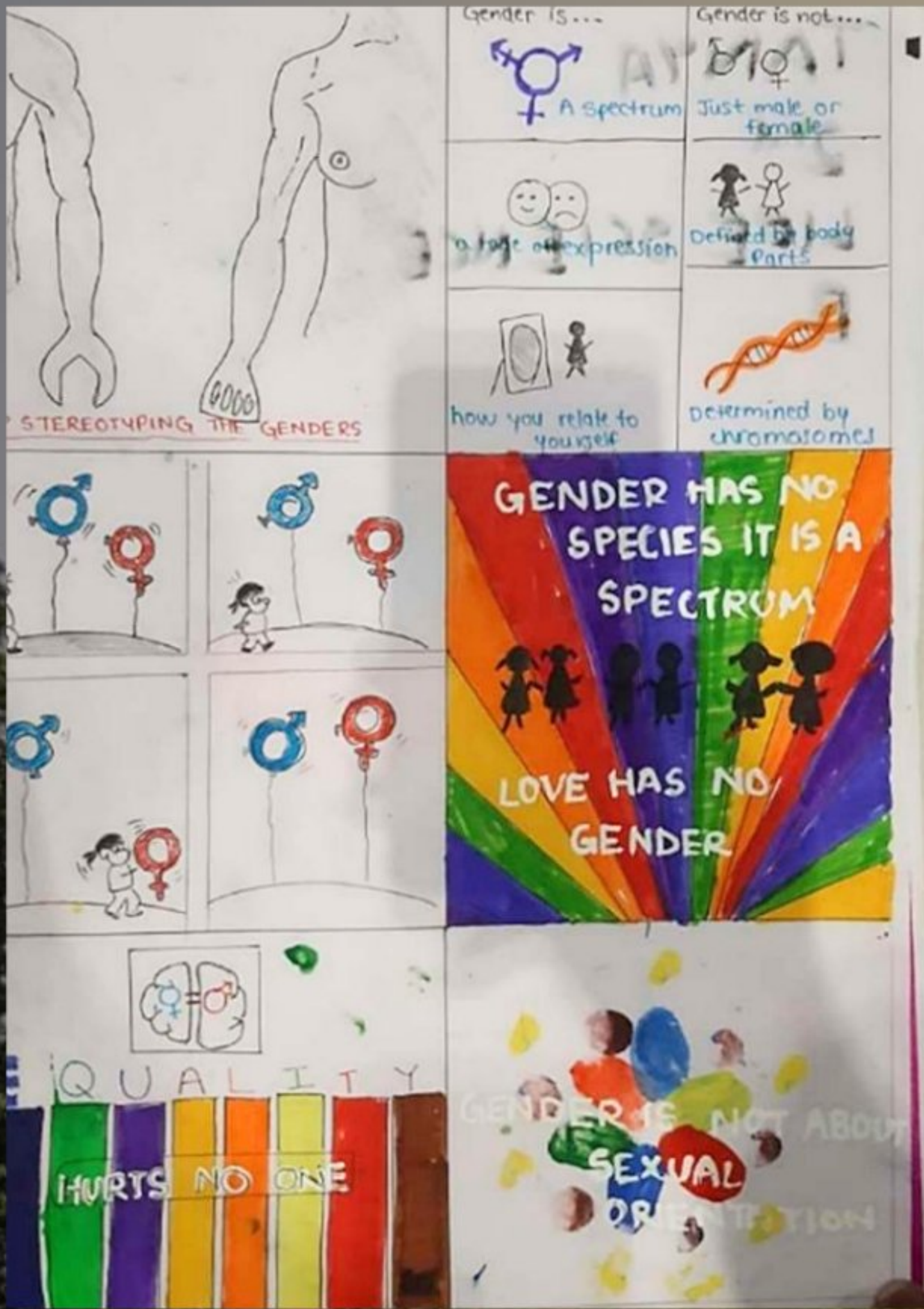
Recognise that we all are one.

Stand up for each other.



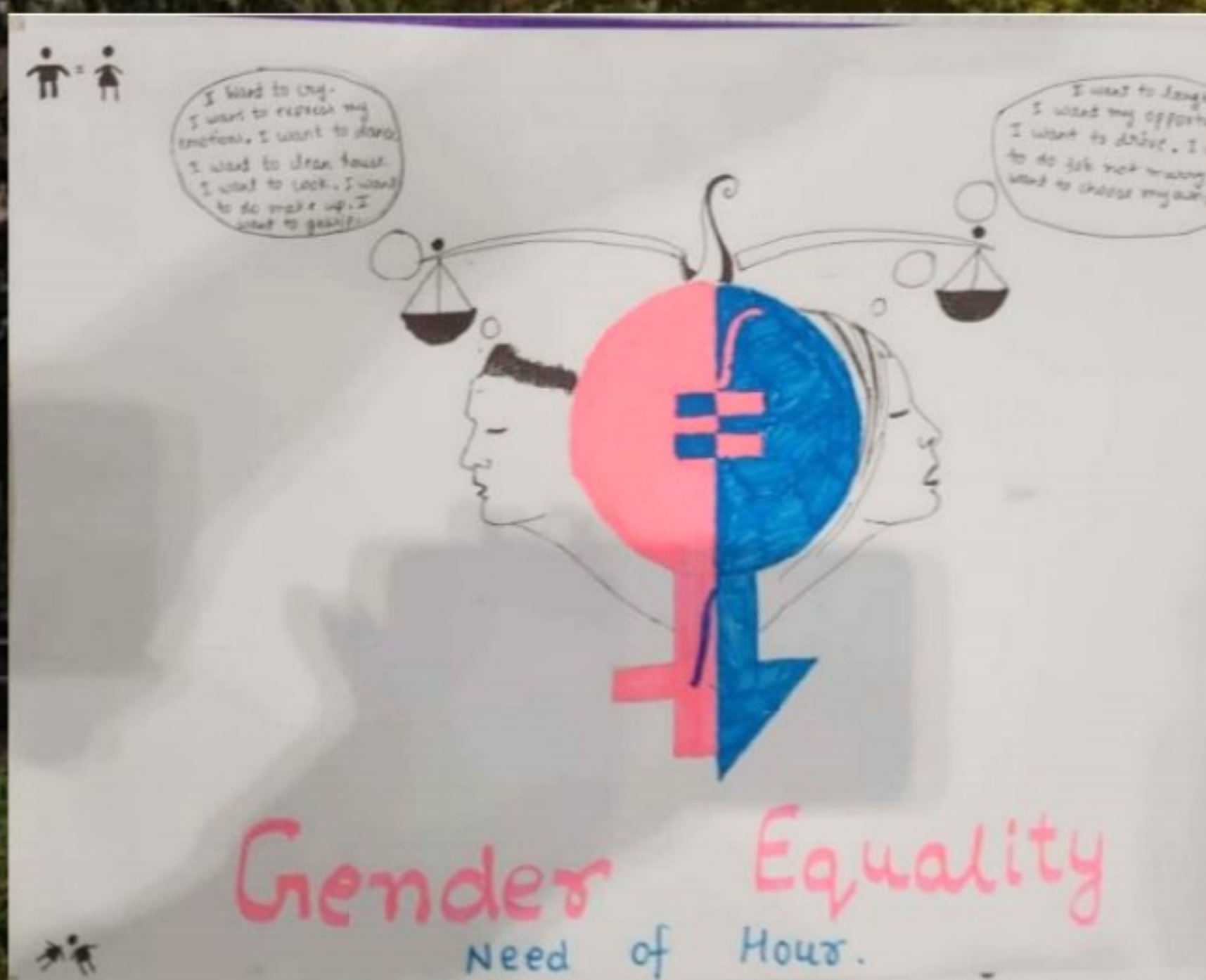
I Prize

Ms. Tanya, B.Sc. Life sciences, II year



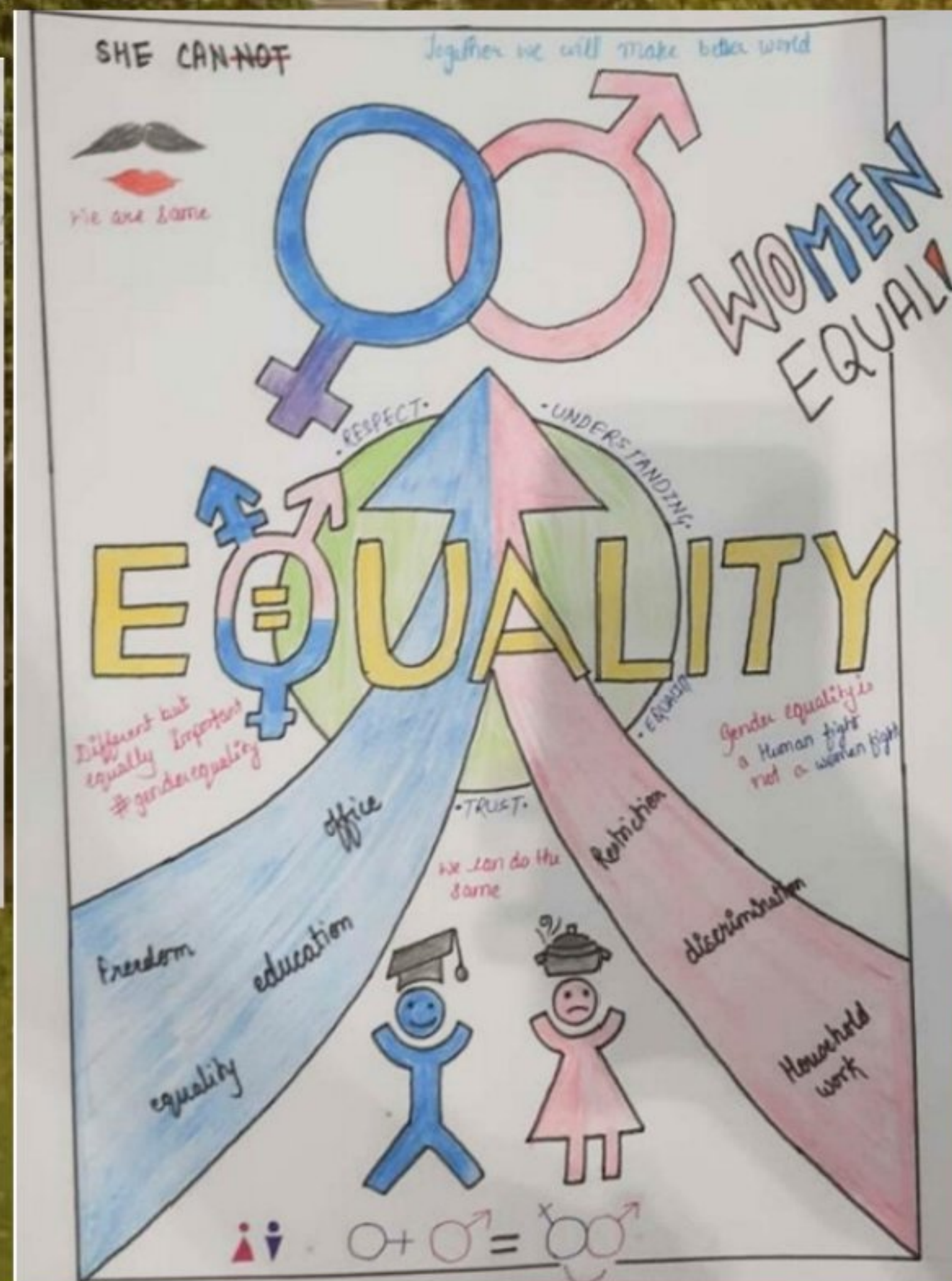
III Prize

Ms. Priyanka Yadav, B.Sc. (Hons.) Chemistry, II Year ↑ and Ms. Neeru, B.Sc. Physical Sciences, III Year ↓



II Prize

Ms. Yogita, B.Sc. Physical sciences



Winning Posters of Poster Making Competition held on 31st August 2023



*Theme of the magazine*

# “ BREAKING THE GENDER STEREOTYPES ”

## **Message from Editorial Board**

We believe that gender sensitization is an important issue and should be given due attention. We create a safe and respectful environment for everyone regardless of gender. We are committed to promoting diversity, inclusion, and equal opportunity for all genders in our workplace. We work towards creating a culture of respect, where everyone is treated with dignity and respect. We strive to ensure that all voices are heard and valued equally. We also take measures to ensure that our content reflects the values of gender equality and sensitivity in all aspects.

Gender Sensitization Committee has been formulated in line with University Grants Commission (Prevention, Prohibition and Redressal of Sexual Harassment of Women Employees and Students in Higher Educational Institutions) Regulation, 2015.



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## Principal's Message

Gender sensitization is an important issue that needs to be addressed in our society. As the Principal of this institution, I would like to take this opportunity to emphasize that we must strive towards creating an inclusive and equitable environment for everyone. We must create a culture of respect and understanding towards people from all genders and backgrounds. We must also ensure that everyone is treated with dignity and respect. It is our responsibility to ensure that everyone feels safe, secure, and respected in our college environment.

At our college, we believe that gender awareness and sensitization are integral in creating a safe and respectful learning environment. We are committed to foster communication and information exchange so as to improve mutual understanding and learning about gender (in)equality.

We strive to create a culture where everyone feels welcome and respected regardless of their gender identity or expression. We encourage open dialogue about issues related to gender (in)equality and invite all members of our campus community to join us in this effort. Together, we can make sure that our college is a place where everyone is accepted and supported.

Prof. Manoj Kumar Khanna  
Principal







## **Message from Vice-Principal and IQAC Coordinator**

Gender sensitization is an important issue that needs to be addressed in our society. At our college, we are taking steps to ensure that our students are aware of the importance of gender sensitivity and how it affects all aspects of their lives. We are also working to foster an environment where everyone feels respected and valued for who they are. We understand that gender sensitization is a process, not a one-time event. Therefore, I urge all members of this college community to work together towards creating a more equitable and just society for all genders.

Gender sensitization is an important step towards creating a safe and equitable learning space for all our students. It is essential that we create an atmosphere where everyone feels comfortable expressing their opinions without fear of judgement or discrimination. We must also ensure that our policies and practices are free from any form of gender bias or prejudice. Together, let us strive to create a campus culture that celebrates diversity and respects every individual's right to be treated with dignity and respect.

**Prof. Hament Kumar Rajor**  
Vice Principal and IQAC Coordinator







## Message from Convener

As we move forward in a world that is increasingly becoming aware of the need for gender sensitization, it is important for us to recognize the importance of respecting and understanding each other's differences. As the Convener of the Gender Sensitization Committee of this college, I strongly believe that we can create a safe space for everyone by educating ourselves on gender issues and engaging in meaningful dialogue. We must also take steps to ensure that our campus is free from any form of gender-based violence and harassment.

We have implemented various initiatives such as organizing gender-sensitization programmes for students, creating awareness campaigns about gender-based violence and discrimination, and encouraging dialogue on gender-related issues.

It is essential that we create an atmosphere where everyone feels comfortable expressing their opinions without fear of judgement or discrimination. Together, let us strive to create a campus culture that celebrates diversity and respects every individual's right to be treated with dignity and respect.

### पितृसत्तात्मक समाज

आज अचानक मिल गया वो रास्ते में मुझे,  
लंबा-सा, चौड़ा-सा, रोबीला-सा  
मैंने सोचा पूछ डाल, पूछ डाल, वे सवाल,  
जो करते परेशान, अक्सर थे मुझे  
हिम्मत की और पूछ ही डाला, पूछा, क्यों हैं  
दोगली नीतियाँ तुम्हारी?  
जीवन के हर क्षण लेते परीक्षा सिर्फ हमारी!  
घूँघट में रहना सिखाया, जबकि नीयत खराब  
थी तुम्हारी,  
नीयत खराब थी तुम्हारी, घर में रखा बंद मुझे,  
कौन होते हो तुम?  
जो बताते क्या पहनूँ, क्या न पहनूँ?  
अपनी मर्जी से क्या, मैं जीना भी न जानूँ,  
मैं घर में काम करूँ, और बाहर वह करें,  
फिर क्यों खुद को ऊपर, और नीचे मुझे धरें,  
मंदिर तक जाने की मनाही मुझे है  
मैं पूछती हूँ कि अंदर जो है क्या वो मेरे बिना है?  
सवाल तो बहुत थे पर उसने अनसुना किया,  
बिना किसी जवाब के वो वहाँ से चला गया,  
देता भी कैसे वो मेरे सवालों के जवाब,  
वो तो था पितृसत्तात्मक मेरा ही यह समाज।

डॉ सविता बरगुजर  
संयोजक  
जी.ऍस.सी.





# The Magazine Committee



**Dr. Amish Kumar**  
Assistant Professor  
Department: Botany



**Dr. Surabhi Singhal**  
Assistant Professor  
Department: Commerce



**Ms. Pinki**  
Assistant Professor  
Department: Commerce



**Ms. Richa Verma**  
Assistant Professor  
Department: Commerce



**Dr. Bharat Lal Meena**  
Assistant Professor  
Department: Economics



**Ms. Krispa Ningombam**  
Assistant Professor  
Department: English



**Dr. Jyotsna Anand**  
Associate Professor  
Department: Hindi



**Dr. Ranjana Das**  
Assistant Professor  
Department: History



**Dr. Ram Singh**  
Assistant Professor  
Department: History



**Ms. Poonam Meena**  
Assistant Professor  
Department: Mathematics



**Prof. Hament Kumar Rajor**  
Vice Principal and IQAC Coordinator





**Mr. Manoj Kumar**  
Assistant Professor  
Department: Mathematics



**Dr. Amit Kumar Pradhan**  
Associate Professor  
Department: Philosophy



**Dr. Arti Dhankhar**  
Associate Professor  
Department: Physical Education and  
Sports Sciences



**Ms. Swati**  
Assistant Professor  
Department: Physical Science with  
Chemistry



**Dr. Asha Dahiya**  
Assistant Professor  
Department: Physical  
Sciences with  
Electronics



**Mr. Sawan Kumar Marig**  
Assistant Professor  
Department: Physical Sciences  
with Electronics



**Ms. Rupali Sapra**  
Assistant Professor  
Department: Physics



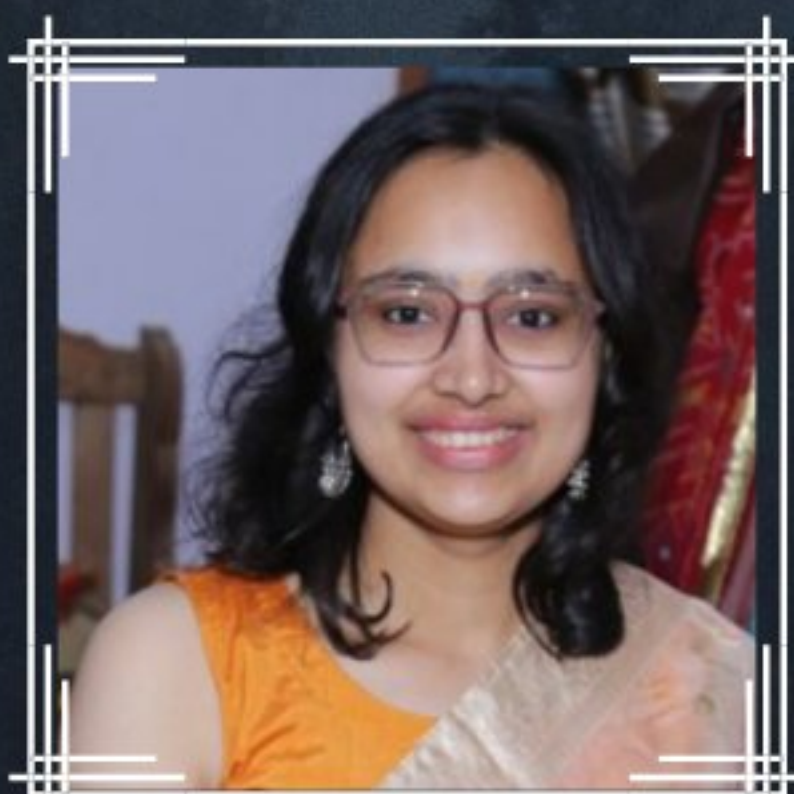
**Dr. Pushpa Singh**  
Assistant Professor  
Department: Zoology



**Dr. Sandeep Kumar Singh**  
Assistant Professor  
Department: Zoology



**Dr. Savita Bargujar**  
GSC Convener  
Associate Professor  
Department: Chemistry



**Student Editor  
and Magazine  
Designer**

**Ms. Siddhi Sharma**  
B.Sc. Physical Sciences  
2nd year  
Section - A





# EVENTS ON GENDER SENSITIZATION





# One day Inaugural event organized by the Gender Sensitization Committee of Ramjas College 31st August 2022

Gender Sensitization Committee 2022-23, Ramjas College, University of Delhi, under the aegis of IQAC organized a one day event on August 31, 2022 (Wednesday) from 9.30 am to 2.30 pm. Around 40 students excitedly participated in the Poster-Making Competition, which was coordinated by Dr. Amish Kumar at 9.30 am.



Students participating in Poster-Making Competition



The day's keynote speaker, Prof. Vageshwari Deshwal of Law Centre-II, University of Delhi, presented on the subject of "Gender Sensitization for Equality: The Need of the Hour" at 12.30 pm. All the dignitaries and participants were welcomed at the beginning of the programme. Around 100 participants participated in the seminar. It started out with the ceremonial lighting of the lamp.



Keynote speaker,  
Prof. Vageshwari Deshwal



Prof. N.A. Jacob introduced  
Prof. V. Deswal

The hosting students gave a brief introduction about the Gender sensitization committee of Ramjas College. Our esteemed IQAC coordinator and Vice Principal Prof. Hament Rajor, blessed the seminar with his priceless presence and words of wisdom. Dr. N.A. Jacob, the seminar's second speaker and discussant, then took the chair to lead the session. Dr. N.A. Jacob gave a brief introduction to Prof. V. Deswal, the seminar's distinguished speaker. The speaker began her presentation by giving illuminating details about social injustice. She provided a detailed explanation of the issues with inequality in a patriarchal society. The talk by Dr. N.A. Jacob came after hers. Both speakers took part in the discussion and question & answer period. The presenters presented the poster-making competition's results. Dr. Savita Bargujar, the convener of the gender sensitization committee, gave the speakers a vote of gratitude. Refreshment for faculty members marked the end of the event.



## **Feminism , Gender and Representation**

### **15th November 2022**

A talk was conducted to understand the historical development of feminism as a movement, understanding its philosophical tenants alongside its evolutionary and revolutionary behaviour. Prof. Nishat Haider delivered the talk and provide a critical examination of the entire movement, contextualising the nuances that have developed over time.



Prof. Nishat Haider

## **Orientation on Gender Sensitization for BA English (H) 1st Semester, 2022 - 23**

### **17th November 2022**

An orientation program/session on gender sensitization for the 1st Semester students of the English Department was held on the 17th of November, 2022 at 11:30 am in Room no. 15 of Ramjas College. The session was jointly conducted by the department representative to the GSC, TIC, and students of the third year English Hons. Discussions on understanding concepts of gender, gender at workplace, and other related issues were held. Student participants shared their understandings of gender and expressed their concerns around sexual harassment in the university space. The session ended with a vote of thanks by Dr. N.A. Jacob.

## **Gender Sensitization Orientation Programme by Physics Department**

### **30th January 2023**

It was organised to give an idea about the sensitive issues like Gender Bias, feminism etc. and to depict the role of Gender Sensitization committee (GSC) and Internal Complaint Committee (ICC) in the college. More than 60 students participated in this event. Students were sensitized towards the gender bias and sexual harassment issues. Students learnt about the certain laws regarding sexual harassment and Vishaka guidelines.



# Gender Sensitization Programme -

## "BREAKING THE GENDER STEREOTYPES"

A workshop by the Commerce Department  
29th September 2022

The Gender Sensitization Committee (2022-23), Ramjas College, hosted a one day workshop titled "Breaking the Gender Stereotypes" under the aegis of IQAC, on 29th of September 2022, from 11 a.m. to 3 p.m. in the College Auditorium. The event was sponsored by the Kautilya Foundation. The college auditorium and other required support was wholeheartedly provided by the Patron, Prof. Manoj K. Khanna and the IQAC Coordinator, Prof. Hament K. Rajor. The program was convened by Dr. Savita Bargujar and coordinated by Dr. Surabhi Singhal.

The purpose of the workshop was to create an awareness for some of the stereotypes attached to different genders in our society. The goal was to help participants realise the need for breaking such stereotypes.



Play performance by students



The program was a huge success. More than three hundred students from various courses and about thirty teachers and non-teaching staff registered on the spot in the event. About forty students volunteered in organising and managing the event. Feedback taken through a feedback form from all participants at the end of the event was encouragingly positive with all participants commenting favorably.

The program was anchored by two students of B.Com. (Hons.), Gayathri and Divya. The first event for the day was two short play performances by the students of B.Com. (Hons.), namely, Tanisha, Kanak, Jaisal, Tanvi, Anand, Medha and Priyanshu and a mono act by Medha Kakkar. The plays intended to create awareness about gender stereotypes and how they impact our daily lives. The aim of the plays was to highlight the need to break gender stereotypes by making the audience aware of a few common gender stereotypes prevalent in society which are out-dated in the present times. This was intended to be a small step towards gender inclusion by creating awareness and acceptance. Thereafter, the Vice Principal and IQAC Coordinator, Prof. Hament K. Rajor, shared his prized inputs on the need for gender sensitization. He praised the plays and motivated the GSC team for organising more such programs in future.

The second event for the day was an insightful speaker session by Prof. Lallan Prasad who retired as a Professor from the Department of Business Economics, University of Delhi and is currently serving as the President of Kautilya Foundation. The profound speaker talked about "Nari Shakti, Rashtra Shakti" and explained how women had been placed at high positions in ancient India and why it declined overtime. He talked about the prevalent stereotypes related to women and motivated the audience to break these stereotypes by giving examples of numerous women achievers in all fields, namely, Rani Laxmibai, Singer Lata Mangeshkar, Player Mary Kom , and our present President, Droupadi Murmu, to name a few. It was an enlightening session for the audience.





The third event for the day was a speaker session by a few transgenders from an NGO called Aarohan that works for the benefit of transgenders in India. Ruhani Nagpal, a student of B.Com. (Hons.), who is also actively working with Enactus, coordinated with the manager of Aarohan for the event. The manager of the NGO, Ms. Alina, arranged the visit of Ms. Dipika, a transgender activist and two representatives, Ms Vinni and Ms. Mayuri, who apprised the audience about the challenges faced by the transgender community. It was an emotional experience for all and was followed with a number of questions. Answers to the queries helped the audience become aware of many stereotypes associated with transgenders. It was quite evident that the audience felt the pain shared by the speakers and gave a serious thought for having inclusion of this gender in society.

After the emotional session, we had the fourth and the last event of the day which was a game session titled "Guess The AD". This game was prepared by the coordinator, Dr. Surabhi Singhal, wherein videos of various advertisements of well-known branded products were played on projector and audience was asked to guess the said brands. A student, Shashwat Puri assisted Dr. Surabhi Singhal in the game. The advertisements highlighted the gender stereotypes prevalent in our society and how unwanted they are. A chocolate was given as a prize for guessing the brand or for explaining the message inherent in the advertisement. The audience enthusiastically participated in the game and more than hundred chocolates were distributed by a volunteer, Khushboo, to participating students, teachers, speakers and non-teaching staff. As students were trying to decipher the message in the advertisements, they were becoming aware of the depicted gender stereotypes and the need to break them in the present times.

The event was wound up with a vote of thanks delivered by the Convener, Dr. Savita Bargujar. Her address included a mesmerizing poem that she wrote on-the-spot for the occasion. Her enthusiastic words concluded the well appreciated program.

Speaker session by the Transgender Activist- Ms. Dipika





# 'GENDER ORIENTATION FOR A HEALTHY SOCIETY'

## A workshop by the Commerce Department

1st February, 2023

The Department of Commerce in collaboration with the Gender Sensitization Committee of Ramjas College (under the aegis of IQAC) organized a workshop titled "Gender Orientation for a Healthy Society" for the students of Ramjas College. An overwhelming response of about 430 students was witnessed and the event turned out to be a huge success.

The workshop was held on 1st February, 2023 beginning at 10:00 am in the Eco Lawns. The event started with a Yoga Session by Ms. Ishu Gupta to give the message of "Embracing Inclusion beyond Gender: Yoga for all". All students and teachers actively participated in this session including our honorable Principal, Prof. Manoj K. Khanna.



Principal Sir practicing Yoga along with the Instructor



Lighting of the Lamp by the Dignitaries

The students then proceeded to the auditorium at 11:00 am where the second half of the program was held. Notable teachers Prof. Anu Mehra (Law Centre I, University of Delhi) and Prof. Parmod Kumar (Indira Gandhi National Open University) graced the occasion as the guest speakers. The program was also attended by our Vice-Principal and IQAC Coordinator, Prof. Hament K. Rajor along with several teachers of various departments.

Prof. Anu Mehra addressed the students on a very important topic of "Gender and Workplace". The speech was a very enlightening one and brought to light various issues faced by women in our society. There was a query session in the end for students to ask their doubts.

Prof./Parmod Kumar then spoke on the topic "Gender Stereotypes and their impact." His words raised awareness among the students about the impacts of various stereotypes on different sections of the society. He also shared the statistics of how women are now increasingly participating in various fields like Science, Technology, Engineering and Mathematics (STEM), which was earlier negligible.

At the end, an interactive Game Session was conducted for the students named "Guess the product and Explore the message" and the respondents were rewarded with chocolates. This was highly appreciated by the students, and everyone had fun along with learning. The students participated actively and enthusiastically.

The workshop concluded with a Vote of Thanks. Refreshments were served. Everyone had a lot to take from the workshop in the end. The Commerce Department and the Gender Sensitisation Committee is highly obliged and grateful to Ramjas College for giving the platform to address the issues on Gender which is the need of the hour.



# Events by the Department of History


## **Orientation Programme 6 th February 2023**

The GSC Representatives along with other faculty members of the Department organised an Orientation Program with the first year students on 6 February 2023 at 12:30 PM where in the Parliament Act against Sexual Harassment of women at workplace, 2013 and the UGC regulations towards prevention, prohibition and redressal of sexual harassment of women employees and students in higher educational institutions, 2015 were discussed in detail apart from a general discussion on gender awareness. It was an interactive session where the young students raised numerous concerns regarding gender sensitivity on campus. The students were also provided soft copies of the Parliament Act, 2013 and the UGC Regulations, 2015 apart from a few readings on gender before the Program.

## **A baithak ' Ghaire Baire' by History Department 20 th February 2023**

The Department in collaboration with the Gender Sensitisation Committee, under the aegis of IQAC, organised a baithak, 'Ghare Baire' through Gender, on 20 February 2023. It included a panel of two distinguished speakers, Prof. Jaya Tyagi from the Department of History, University of Delhi, and Dr. Shweta Singh from South Asian University. The title, which has been adapted from Rabindranath Tagore's acclaimed novel, Ghare Baire is used in a metaphorical sense to capture the essence of a comprehensive discussion on gender both at the realm of 'ghar' meaning home, through Prof. Tyagi's lecture, "Revisiting Early Indian Tradition: A Gender Perspective" and 'bahir' meaning 'the world outside' through the lecture of Dr. Shweta Singh, "Making Feminist Sense of Global Politics: Perspectives from South Asia". The baithak was moderated by Dr. N.A. Jacob from the English Department of Ramjas College. The session was able to stimulate pertinent questions from students on myriad issues of gender, at the local, regional, national and global levels and turned into quite an interactive session.





**Gender Sensitization  
Philosophy Department in collaboration  
with B. A Programme Department**

Date 7th February, 2023. Time- 7:30 PM Venue-G meet

Keynote Speakers- Dr. Amit Kumar Pradhan and Dr. Mausumi Bose

Conveners-Prof. Meeta Nath and Dr. Tanver Eijaz

GSC Convener- Dr. Savita Bargujar

Student Coordinator- Aayaz Ali Khan

Detailed lectures were given by both the eminent speakers on the development of the law on sexual harassment. The discussion started with elaborating upon the basic understanding of sexual abuse and harassment, its degrees, extent, and effects on human psychology. Professors further went into detailed discussion of section 354 A of Indian penal code and also the Constitution safeguards against sexual harassment and further the evolution of Vishakha judgement. The professors further went into the specifics of the legally binding guidelines given by Supreme Court in the case of Vishakha.



The professors for the went into the specifics of the legally binding guidelines given by Supreme Court in the case of Vishakha & others v state of Rajasthan & others, as per it, It's the responsibility of the employer to give a sense of security to every working woman, the government is supposed to make strict laws to prohibit sexual harassment against women, disciplinary actions and criminal proceedings should be brought against wrong doers, the organisation should set up a complain mechanism of redressal of complaints made by the victim, the complaint committees should include at least 50% of women letting victims to communicate their problems comfortably, as there is need of transparency third party involvement from an NGO is also necessary for the complain mechanism, the topic of sexual harassment should not be treated as a taboo in the workers meeting rather it should be discussed openly, if this offensive and that is the case then it is the duty of the employer to take reasonable steps and take required measures and that the guidelines are just not limited to public sectors but to private sectors as well and anybody who faces any form of harassment should be comfortable to approach the complaints committee.

They were further discussions on the post-Visakha development like Rupam Deol Bajaj versus Kanwar Pal Singh Gill case, Medha Kotwal and others v. union of India and others case. The keynote speakers also discussed the amendments of the Indian penal code after Nirbhaya case and the protection of women from Sexual Harassment Act, 2013 and also the provisions of POSH Act.

Further professors made it a point to elaborate that the sexual harassment is just not limited to women but can also take place with men and it is their right to report such cases. Any kind of harassment done by students or teachers must be reported so that the perpetrator does not get power to abuse others as well. Professors also discussed some cases without referring to the involved person, which took place in the premises of Ramjas itself. After an elaborate lecture there was an interesting, enthusiastic, and detailed question answer session clearing all doubts of students both related to the acts and to their personal confusions in connection to the gender identity.







समानता

Poster making event on 8th February 2023

## Spreading Awareness on Gender Equality 8th and 9th February

An activity was organized by the Department of Mathematics, Physical Sciences with Electronics, Physical Sciences with Chemistry, Chemistry, Economics and Gender Sensitization Committee (GSC), Ramjas College. There were two speakers Prof. Mahavir Singh Kalon- Professor In Charge, Law Centre II, University of Delhi, Delhi and Dr. Shivani Verma, Assistant Professor, Law Centre-I, Legal Adviser, ICC, University of Delhi, Delhi who delivered talks to generate awareness regarding equality in law, social system and democratic activities. The event was attended by more than 380 students.



Some members of the organising committee



# Gender sensitization for Equality

*Join us in spreading the gender equality*

10th February 2023

Type of event: Webinar

Speakers (With their credentials in brief):

Speaker 1: Dr. Savita Bargujar (B.Ed., M.Sc, NET, Ph.D.)

She is a passionate organic chemist with over 17 years of teaching experience, keen to do new innovations in teaching to make teaching-learning process an effective way of interaction. She is an Associate Professor at Ramjas College, Department of Chemistry. She has organized various activities like seminars, workshops and conferences in college, and has published articles in international and national journals. She was awarded with Teacher fellowship to travel to University of South Pacific, Suva, Fiji and has delivered talks on various social issues like Women Empowerment; Gender Sensitization; Caste based discrimination; Environment Pollution.

Speaker 2: Dr. Madhumita Banerjee (M.Sc, Ph.D.)

She is an Associate Professor (Retired), Department of Botany, Ramjas College. She served since 1996 till 2021. She had her Bachelors' and Master's degree from Calcutta University. She did her Ph.D. from University of Delhi. She was a member of various Academic committees and delivered several talks.

Description of the event:

This event was organized by the Botany department along with the Gender Sensitizing Committee of Ramjas College for academic session 2022-23. It was organized for the purpose of spreading consciousness on gender related discrimination. There was a talk on "GENDER SENSITIZATION FOR EQUALITY" to spread awareness towards the understanding of gender equality among students. This Webinar was an interactive session for the participants to enhance their understanding towards gender.



# 'ASPIRE TO INSPIRE'- AN EVENT OF GSC IN COLLABORATION WITH WDC, RAMJAS COLLEGE AND DEPARTMENT OF ZOOLOGY

15th and 16th February 2023

This event was organized to create awareness about important issues related to gender. It emphasized the need to take positive steps towards creating an ecosystem promoting equality, non-discrimination, and gender sensitivity. A talk was organized by the Women Development Cell and Gender Sensitization Committee (Zoology), Ramjas College. The title of the talk was 'Aspire to Inspire' which was delivered by Prof. Rajni Abbi, Proctor (DU), Former Mayor of Delhi. The event was attended by more than 300 participants.



Auditorium during the event



Photo Exhibition on "VIGYAN VIDUSHI: Indian Women Scientists"  
Theme: Celebrating Indian Women in Science: An Incredible Journey



# STUDENTS' VOICES





# SHE CHOSE TO FLY

She chose to fly in the pink-hued sky with her fears  
Rather than fall with her dreams  
All her life she had dreaded  
To be the girl she dreamt  
She wanted to be free and fierce  
With no one supporting her, standing at her rear  
Oh, but she couldn't be so  
She was told "You have to always bow low"  
She couldn't be her true-self  
She was a pacified warrior while she wished to be an upheaval  
Oh! The mountains she wished to climb  
How the carriage of her life, she wished to drive!  
Down into the serene waters she wished to go  
Slowly and steadily she wished to grow  
There was a world she had to explore  
But all she could think was "I have a garden to mow"  
How she had challenged everything before  
Now, she was a dead fish going with the flow  
She had loved the twinkling stars of the night  
But now she had to be awake to prepare herself to serve others, before the sun had blushed right  
How she had loved the chirp of thumping, the dark pink blood venturing through her heart  
Now it was all quietude, till very far  
With a new smile, she used to start her day  
Fighting billion problems on her way  
Now her smile is a mere crease  
As she moves on with the cold sulky breeze  
She couldn't do this anymore, she realized  
She was a free bird, not meant to be caged, not worthy of being penalized  
She was determined to break free from the shackles of the society  
She was now going to be the girl as it was envisioned by the almighty

Pleasing others was a divine task  
She could no longer wear the false facade  
With obstacles, her wings would now be heavy, wounds-pink and blue- shall adorn her body  
But her heart would no more be guilty  
Towards the sky she soared  
Above the whiteness of the clouds into the rainbow tinted hoard  
There she found her own kind  
Darkness who had fought to reap this light  
Their faces were scarred, plumes half broken  
But oh boy! Those smiles to leave behind that life half- rotten  
The wind is often thanked for bringing her to the crest  
But she knows how it blew the other way, as she wrestled  
All her life, she stood by those  
Who gave her agony and nothing more  
Who burdened her fragile bone  
Until her herculean will broke  
To her, they always locked their door  
My god, the frightening stories that her heart did store  
But, then she could do nothing but adore  
She used to think, she has to survive there until her heavenly abode.  
But now, those people who stomped on her dreams-pink and all varied colours- are now all gone  
She smiles as she sees the new dawn  
She chooses to fly with her fears  
Rather than fall with her dreams

*Aadya Shankar,*

*B.Sc. (Hons.) Maths, 2nd year*



# मैं अनजान हूँ !

सियाही के हलके नीले धब्बे या, लाल रंग की आकर्षक पत्तियाँ, कौन सा रहा, कौन उजाड़ रहा? मैं अनजान हूँ, पर आप नहीं !

यह मुस्कान छीनकर, खुद पर एक सजा रहे,

मेरी आँखों में चमक रहे हर तारे को नोच नोच कर खुदको सजा रहे ? ,

मैं खुश हूँ, यह रंग मुझे आकर्षित कर रहे, सुनहरे गहने मेरी कोमल त्वचा को सुशोभित कर रहे, यह रंग मेरे भविष्य को फीका कर रहे, इन सुनहरे गहनों की कीमत

मैं अनजान हूँ,

मेरा स्वाभिमान, मेरा जमीर है, मैं अनजान हूँ, पर आप नहीं!

मेरे हिस्से कि खुशी को चुन चुन कर समाज में अपना अडिग अस्तित्व बना रहे !

यह रस्में, एक नया खेल है ;

जिसकी नायिका बनने का मौका मुझे मिला है,

मेरा बेफिक्र मन अनजान है! अनजान इस बात से की, जो मुझे मुझसे रूबरू करवा सके!

यह रस्में हर उस उम्मीद को मुझसे छीन रही,

कैसे यह हाथ उस रसोई की ईंट को गिनेंगे, जिन्होंने कभी अपनी उंगलियां नहीं गिनी ।

कैसे यह मुस्कान उस घूँघट के पीछे छिपेगी, कब तक यह चंचल मन इन पायल की बेड़ियों से बंधा रहेगा !

कैसे हर कदम फूँक- फूँक कर रखूंगी, इन कदमों ने अभी ढंग से चलना भी नहीं सीखा !

\* मेरा शरीर अभी परिपक्व नहीं, ना मेरी सोच मेरा बचपन उस छुअन से अनजान है, \* पर आप वाकिफ है!  
?

शायद मेरे पिता नहीं!

कैसे अपना कहूँ, जिसने बचपन में विदा किया या जिसने अपने घर में एक कोना दिया! माँ से हर बात कह सकती, पर कैसे? जब मेरा लेहेंगा वही मेरे चारों ओर लपेट रही।

एक हिचक ने कुछ पूछने नहीं दिया, जिसे मेरी जननि माना, उसने मुझसे मेरा जीवन ही छीन लिया!

मेरा लिंग मेरा तोहफा है, अल्लाह का नूर है। उस चमकते कमर को भी अपना अब हर चौथ को कहूँ?

अनजान अब मैं भी नहीं,

इंतज़ार नहीं किसी मोज़े का, अपने कदमों के निशान अब मैं नापूंगी,

बेफिक्र हो एक उल्लास भरूंगी,

घूँघट हटा सूरज की किरणों अपने चेहरे पर दमकने दूंगी !

मैं अब अनजान नहीं, अनजान नहीं मेरी मुस्कान से,

मेरे हलके फुल्के गुदगुदाते ख्यालो से !

हर गलत को नकारने की हिम्मत है !

तुम भी हिम्मत करो,

यह मर्दानगी की झूठी परिभाषा से खुदको मुक्त करो,

आँसुओ की हर बूँद को बहने दो, जब यह बूँदे तुम्हारी रूह में समाएंगी, इनकी दरकार तुम्हें भी महसूस होगी।

अब अनजान मैं भी नहीं, तो तुम भी अनजान बनना बंद करो,

इस समत्व कि लड़ाई में मेरा साथ दो !

*Suman Jyani,*

*B.Sc. Physical Science*

*with Electronics*



# "सब समान है"

जेंडर सेंसटाइजेशन जरूरी है. हर मनुष्य को यह समझाना है। लड़का लड़की सभी बराबर हैं. इस बात को समझना है।

लड़की हो या लड़का. सभी का अधिकार है. क्योंकि हम सबका इस समाज में समान आधार है. सोसायटी को ये बात समझाना है. कि सभी एक समान है. समझना यह जरूरी है।

कोई भी काम हो. जेंडर की न परवाह हो. लड़की हो या लड़का सभी बराबर हों.

आधिकारों के मामले में सभी बराबर हो. कागजों में नहीं, सही मायनों में जमीन पर सब की जय हो. समझनी है ये बातें सबको समझना यह जरूरी हो

जेंडर सेंसिटिविटी की बात फैलाएं.

मानवता का पाठ पढ़ाए की हर जेंडर के लिए समान भाव फैलाएं.

हर इंसान को ये समझना होगा.

कि हम सभी बराबर हैं, समझना जरूरी होगा।

*Anurag Gautum,*

*B.Sc. (Hons.) Chemistry, 2nd year*

## A BLESSING IN DISGUISE

A soul dropped from nirvana  
unaware of her prior karma and dharma,  
saw rays of gloom  
all around her room.  
Sensing something bad ,  
got to know they were expecting a lad.  
Empathising the site  
inferred her plight.  
Her begetter remained quiescent ,  
while Amma seemed preferent.  
Who could kibosh time  
she maturate with onus of the crime.  
"Please you stay apart,  
it's my work my heart."

Heeding this in botheration ,  
she desired a revolution.  
Soon she spliced  
and gave birth to a girl child,  
saw the same arena  
despite a shift in era.  
But this time she assured  
to protect the unsecured.  
rebelled the whole world,  
Saw kins blurred.  
Fought till her last breath  
none came to offer her wreath .

*Siddhi Sharma,*

*B.Sc. Physical Sciences,  
Section - A, 2nd year*



# "Unveiling the Beauty of Marriage"

What a hard bargain, and great burden, When the seller and the payee are the same, And  
hexes and curses rain from the other end, With a heart of steel, and a mind unbent.

A fierce thunderclap on the first night bed,  
To show immodesty in her tailored red,  
Tears streaming down her rosy cheeks,  
As she begins a journey she knows is bleak.

On that dark and drunken night, He pushes her with all his might, For him, she's nothing  
but a commodity to play, The next morning, a red stain on the sheets on display.

It's his right, he claims, to use his possession, As he sees fit, without any confession.

Flowers or spikes, it's his choice to make, While her soul, wounded, is left to ache.

Abused and molested, her spirit frail, Yet she bears the sticks and whips without a wail,

For it's the servitude she's chosen in life, A possession or a wife, a decision rife.

But deep down, she knows her worth, And her strength will give her a new birth, For love  
and respect, she'll stand up and fight, And break free from the chains of the night.

For every woman deserves a life of grace, A life of love, not a mere possession's embrace,

May she find her voice and make her choice, And live a life that's full of joy and poise.

*Aayaz Ali Khan,*

*B.A. (prog.), 3rd year*

## IMMATURE WOMAN

I am the immature woman the world fears

The one who is too immature to surrender to societal norms

The one who is too immature to feed male ego

And the world hates Me.

But the same world needs Me

A bunch of such immature women is what you need

A bunch of women who have risen above the desire of being called a "mature" woman.

you can categorize Us as ones who whine, crib, irritate and nag

But that is what you need

Women whining and cribbing for their rights

Women nagging and irritating you by emphasising on your failure as humans

We are too immature to use the saying- "men will be men"

Because We will ask for answers every time you wrong us

We will expect genuine repentance every time you wrong us

We will continue being unapologetically immature

Till the time you become mature in real sense.

*Adiba Anwar,*

*Department of English, 3rd year*



# **GENDER JUSTICE : *Still to Achieve***

Gender inequalities have persisted in society since it came into existence. The gender inequality or the unevenness in power and status continues to exist between men and women. The new digital era has widened this gap. Only 32% of women, compared to over 62% of men, have access to their own mobile phones, according to studies. Women are very few in STEM fields and domains like coding, artificial intelligence, and machine learning. In many spheres of society, the conventional belief that a woman's role is confined to the home is still prevalent. One of the best examples of this is Afghanistan. Women and young girls have experienced an increase in the level of repression since the Taliban took control of Afghanistan. They are prohibited from leaving to obtain education or employment.

This modern society is still not supportive of task oriented and ambitious women and the voice of women is unheard by the society even today. No doubt, we see women taking over all the fields and all kinds of work but working women are being held back by more barriers in the workplace when compared to men. Women are being underrepresented in leadership roles and high-level positions even today as the society is yet to realize the potential of a woman. The CEOs of startups like BharatPe, Boat, Zerodha, Oyo Rooms, Bigbasket are well known to the public but very few may be aware of the remarkable women entrepreneurs like Falguni Nayyar, Richa Kar, Ghazal Alagh and others and startups they founded. The presence of women in the corporate world has not improved much over the years.

A woman who commands men and fights the enemies on the borders is not readily accepted by society. Men have the freedom to take up any job, pursue their interests and follow their passion while women lack this freedom to exercise their will even today. Most women are still not given a chance to broaden their horizon and experience the real world. The tradition is still carried on because women are seen as inferior to men. Life is complicated for males but much more complicated for females. History is the evidence that women must make immense efforts for equal rights and representation. How amazing the life of women would be if the gender roles are reversed even for once on this earth.

Nevertheless, the male or female specific identities are relevant even in this modern world. Instead of fairy tale dreams, I have understood the reality of life. For how long the ordeals of women, concealed in their hearts, are unheard? Society should be ashamed of glorifying a woman who gives up her dreams and career for her family and rearing the children. Women should stand for themselves and stop compromising on their dreams. One should not let society define what role one should be playing based on gender. One should create it for oneself and never be made to feel bad for it.

*Chehak Singhal,*  
*B. Com (Hons.), 2nd year*



# SHE : Mirror to Hate, AMPLIFIER of LOVE !

The nurturing soul of a woman  
The caring nature of a wife,  
For saving his so called 'good man'  
Although her scars, she had to hide.

A woman is the happiest to have pain  
When she births a little one.  
Imagine her state.  
When maybe the grown ittle one gives her  
the hate.  
Is this the godly women's fate  
Definitely not,  
its just undeserving Hate.  
The only thing she deserves is LOVE  
And not being shout above.

One day, she was walking like  
"Something is not okay"  
Maybe her leg is broken.  
But very quite she stay.  
As fake family standards she had to obey

The other day she wore a saree,  
Should have defined her beauty.  
But she had a handful of cigarette marks  
She told it to be " childhood memories "  
For hiding those raging fiery patriarchs.

O dear devilish people, one day.  
She will RISE LIKE the goddess 'KALI'.  
All of your pseudo power will be blown away.  
The devil would be seen knocked down awfully.

Its her message to you,  
"Try to stop my walk, I would ensure you never  
walking again.  
Support me, walk with me.  
To do so, I will take every pain".

*Gungun Mishra,*  
*B.Sc. Life Sciences, 2nd year*

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## दहेज - कुप्रथा

आज एक पिता ने अपनी बेटी को विदाई दे दी।  
आँखों में आंसूओं के साथ,  
लग रहा जैसे उसने जीवन की सारी कमाई दे दी।  
अपनी कन्या का दान किया है उसने,  
जिगर के टुकड़े को अंजान किया है उसने  
पर ये क्या ?  
डोली के पीछे गहने, अलमारी और पंखे जैसा कुछ  
सामान जा रहा है! लग रहा जैसे पिता के कन्यादान  
का अपमान जा रहा है !  
यही तो है दहेज प्रथा ....  
क्या एक बाप का कन्यादान काफी नहीं?

जा रही जो अपना परिवार छोड़कर, क्या  
उसका यह दान काफी नहीं?  
जब देश ने कर ली है इतनी तरक्की,  
फिर क्यों देश से ऐसी कुप्रथा जाती नहीं?  
ना हो यदि दहेज प्रथा, तो  
बेटियों को बोझ नहीं समझा जायेगा,  
बहुओं को जिंदा जलाया नहीं जायेगा, और  
देश में घरेलू हिंसा का नाम पाया नहीं  
जायेगा ।

*रविना मीणा,*  
*B.Sc. (Hons.) Physics*



# THE MOTHER

The Mother stood outside her broken hearth  
Arms bruised, bones broken  
Marks upon her perso  
How will she cook now?  
Wondered she  
Pondering upon the question  
She walked inside the door  
To prepare her son's last meal.  
She remembered how she had clutched him  
to her breast  
And soothed his crying self to rest  
In his helpless infant years , she remembered  
She had changed his soiled diapers  
And sung lullabies to his sleep,  
Thus, the poor one was caught in a trance  
One by one she arranged the sweets  
“This one is his favourite”  
She thought out loud  
“And this he likes the least.”  
The son returns home, tired and irate  
Drunk and dishevelled  
Having fought with his wife  
He had come to stay with his mother  
Whom he beat night and day  
Without mercy, without respite  
People say, they often heard noises from the  
broken hearth  
Yet , no one came to the poor mother’s  
plight  
No one lent a ear to hear her pain  
No one stood up to protest  
They were good neighbours, you know  
They talked a little, laughed at little  
And at night went to sleep  
Telling they didn’t want to invade upon  
anybody’s privacy

The Mother brought food to her child  
And watched him feed with tears in her eyes  
The next moment, the son dropped down,  
lifeless.  
A lot of police sirens wailing  
“She is arrested , arrested is she!”  
The Demoness ,the murders  
She tried to kill her own son!!  
It’s God who saved the good guy  
Shame! Shame !Shame on her  
Cried the society in frantic frenzy  
Oh good God? Does the devil die?  
Or receive punishments for his crime?  
The poor mother now lives  
She is deemed to be a common witch  
An outcaste, to be kept at the boundary  
of the village  
A demoness who tried to kill her child .  
(In 2022, 6,900 cases of domestic violence  
were reported in India. In a remote  
village in Rajamundry,  
Andhra Pradesh, a woman, fed up of  
being physically abused by her son, takes  
the drastic step of hiring  
supari killers to kill her own offspring, is  
caught in the act, and is arrested by the  
police.)

*Sristi Ray,*  
*B.A. (Hons.) History, 3rd year*



# माँ तू मुझे अपने से दूर मत जाने दे

माँ तू मुझे अपने से दूर मत जाने दे  
कोक में तेरी इतना समय बताया है मैंने  
हर छोटी-बड़ी खुशियों से मिलाया है तूने  
कुछ महीने और अपनी कोक में छुपा ले  
फिर अपने आंचल में बसा ले  
पर मुझे अपने से दूर मत जाने दे /

माँ अभी-अभी तो तुझ में बसी हूँ  
तेरी ममता का एक एहसास तो करने दे  
बाबा की राज दुलारी का आनंद उठाने दे  
कुछ समय और अपने सीने में बसा ले  
अपनी छोटी सी गुड़िया को दुल्हन की तरह सजा दे  
पर मुझे अपने से दूर मत जाने दे /

माँ मुझे दादी की परियों की कहानियों में खो जाने दे  
दादा की छड़ी और चश्मे साथ तो खेल लेने दे  
याद है !

तूने नानी के हाथों के स्वाद की तारीफ की थी  
वो प्यार भरा स्वाद को तो चख लेने दे  
मुझे नाना के साथ शहर का चक्कर तो लगा लेने दे  
पर मुझे अपने से दूर मत जाने दे /

मुझे भाई का लाड, चाचा का प्यार महसूस तो करने दे  
मुझसे कोई भूल हो तो माफ कर भुला दे  
तेरी बेटी हूँ पर बेटा होने का एक मौका तो दे दे  
कभी नहीं झुकने दूंगी तेरा और बाबा का सिर  
एक बार तो मुझ पर विश्वास करके दिखा दे  
पर मुझे अपने से दूर मत जाने दे /

माँ मुझे तेरे साथ थोड़ी अठखेलियां करने दे  
बाबा के साथ दुनिया को देखने दे

गलतियों पर मुझे मारियो फिर सीने से लगा लियो  
आखिर बेटी हूँ तेरी अपनी नन्ही सी कली को  
इस जानलेवा दुनिया से बचा ले  
पर मुझे अपने से दूर मत जाने दे।

माँ आखिर मुझे मार कर क्यों तू  
इस दरिंदे दुनिया का साथ दे गई  
अभी और जीना था मुझे और  
तू मेरा साथ ही छोड़ गई।  
तूने तो मुझे विश्वास दिलाया था  
कुछ नहीं होने देगी जब उस  
सफेद कोटवाली ने तुझे गर्भवती बताया था

फिर क्यों बेटी होने की खबर पर  
तू अपने सारे वादे भूल गई ?  
क्यों तु मुझे सबसे बचा ना पाई ?  
तू मेरी पुकार तक ना सुन पाई माँ  
तू मेरी पुकार तक ना सुन पाई !

*Lakshika Middha,  
B.Sc. (Hons.) Zoology, 3rd year,  
Won National Level Award  
for this poem*



# WINNERS OF

# Poster Making Competition

*Held on 31st August 2022 and 8th February 2023*

## **1st Prize**

Moniba Khan, B.A. (Hons.) Economics

Tanya, B.Sc. Life Sciences, 2nd year

## **2nd Prize**

Minakshi Duhan, B.Sc. (Hons.) Mathematics

Yogita, B.Sc. Physical Sciences

## **3rd Prize**

Rutajeet, B.Sc. (Hons.) Maths

Priyanka Yadav, B.Sc. Physical Sciences

Neeru, B.Sc. Physical Sciences, 3rd year

## **Consolation Prize**

Sampurna, Botany (Hons.), 3rd year

Dev Kapoor, B.Sc. Life Sciences, 2nd year

Juhi Kapoor, B.Sc. Physical Sciences



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*We are extremely grateful to our Vice-Principal and IQAC Coordinator, Prof. Hament Kumar Rajor for his unconditional support.*

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*Furthermore, we would also like to acknowledge with much appreciation the crucial role of all the GSC members, without their dedication and hard work, it was not possible to compile all the work done by GSC Committee, during the entire session, 2022-2023, in the form of an activity report. The work allocation of all the GSC members in the compilation of the report were as follows:*

*Dr. Amish Kumar and Mr. Manoj Kumar - Cover Page*

*Ms. Krispa Ningombam and Ms Swati - Different Messages*

*Dr. Bharat Kumar Meena and Ms. Poonam Meena - GSC members details*

*Dr. Ranjana Das and Dr. Amit Pradhan - GSC Related UGC Document*

*Dr. Surabhi Singhal, Dr. Amish Kumar and Dr. Sandeep K. Singh - Compilation of Reports*

*Ms Krispa Ningombam, Dr. Ranjana Das, Ms. Swati, Dr. Amit Pradhan*

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III Prize

Rutajit Kamakar, B.Sc. (Hons.) Mathematics

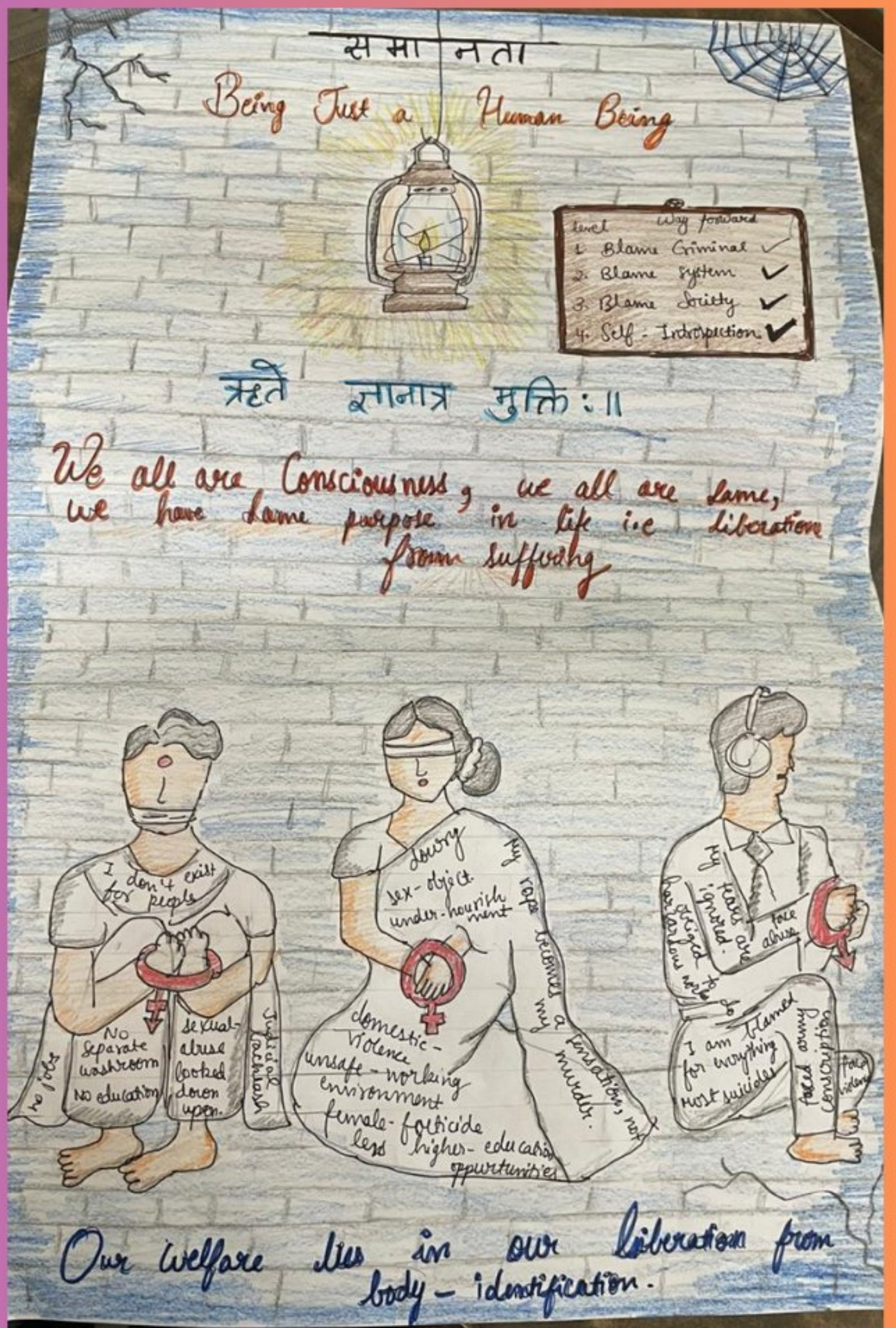


I st Prize

Moniba Khan, B.A.(Hons.) Economics



**Winning Posters of Poster Making Competition held on 8th February 2023**



II Prize

Minakshi Duhan, B.Sc. (Hons.) Mathematics





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